

Daily Schedule

4 HOURS (APPROX.) OF FREE PLAY & SUBSTANTIAL PLAY
FREE CHOICE - 1.75 HOURS
OUTDOOR/GROSS MOTOR - 2.25 HOURS

7:30 - 8:30 AM	Arrival - Handwashing and Free Choice (60 minutes)
8:30 - 9 AM	Handwashing and Morning Snack
9 - 9:45 AM	Free Choice (45 minutes)
9:45 - 10:15 AM	Circle Time
10:15 - 11:45 AM	Outside - Free Play (90 minutes)
11:45 - 12:30 PM	Handwashing and Lunch
12:30 - 3 PM	Nap/ Rest Time
3 - 3:30 PM	Handwashing and Afternoon Snack
3:30 - 3:45 PM	Table Activity
3:45 - 4:15 PM	Circle Time
4:15 - 5:00 AM	Outside - Free Play (45 minutes)
5 - 5:30 PM	Handwashing and Circle Time