

UCI CHILDREN'S CENTER DAILY SCHEDULE



Time	Activity	Description	Examples & Notes
7:30 - 8:30	"Soft Start" Activities	To foster a gentle beginning to the school day, children can select from a variety of engaging, low-preparation activities upon entering the classroom. These enables the teacher to check in with students and connect with families effectively.	Drawing/Coloring, Sensory trays (Play dough, sand), Blocks, Light Table, Books, Puzzles
8:30 - 9:00	Morning Snack	Nourishing Snack Served	
9:00 - 10:10	Learning Centers Small Groups	Learning centers are intentionally designed to reflect the weekly theme and children's interests. While most centers are child-led with teachers offering gentle support, small-group centers are intentionally planned for one-on-one or teacher-led instruction using Universal Design for Learning (UDL) to differentiate, challenge, and teach specific skills. Some centers provide additional guidance, especially when introducing new materials or targeted learning goals. Social and Emotional Development  Mathematics  Language and Literacy Development 	Blocks, STEM activities and materials, Group or individual Art, Puzzles, Sensory tables, Books, Music
10:10 - 10:30	Group Time	Group time is intentionally planned to bring children together for shared learning around a common theme. Through intentional reading and discussion, children build language, listening, and social skills. It fosters a sense of belonging while helping children make meaningful connections and learn from one another Social and Emotional Development  Mathematics  Language and Literacy Development 	Writing, Narrating, Books, Music, Movement, Guest/Parent Speakers
10:30 - 12	Outdoor Learning and Exploration	Engaging children in outdoor activities is crucial for their development. It enhances motor skills, fosters social interactions, and builds problem-solving abilities. Exploring nature cultivates resilience and promotes environmental awareness. Social and Emotional Development  Physical Development 	

**Handwashing occur before and after snack/lunch and when children return from outdoor exploration. Bathroom breaks are offered during transitions and to and from lunch and outdoor time.

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Time	Activity	Description	Examples & Notes
12 - 12:30	Lunch	Lunch is catered and served family-style, encouraging children to practice independence, social skills, and healthy eating habits as they serve themselves and engage in conversation with peers.	
12:30 - 3	Relaxation/Nap Time	Relaxation & Nap Time	
3 - 3:15	Transition - Sunscreen and Reading	We apply sunscreen and children are encouraged to enjoy reading their favorite books	
3:15 - 3:35	Afternoon Snack	Nourishing Snack Served	
3:45 - 4:10	Group Time	Group time is intentionally planned to bring children together at the end of the day for reflection.   	Dance, Books, Music, Movement, Guest/Parent Speakers
4:10 - 5:10	Outdoor Learning and Exploration	In the afternoon, we have extended time to go outdoors, allowing children to actively explore and engage.	Art, Manipulatives, Gardening, Tricycles, Gems, Obstacle Courses
5 - 5:30	Goodbye Transition and Learning Centers	We end the day with songs, movement, quiet stories, and reflective play. These calming activities help children wind down, say goodbye to friends, and prepare for a smooth and happy transition to meeting their parents.	Songs, Dancing or Follow-along movements, Self-regulation games, Directed games