**UCI Children’s Center Downstairs Activity Based Routine**

7:30 – 8:15 Free Play and Morning Greeting (.45 FP & S)

8:30 – 9:00 Family Style Breakfast

9:00 – 9:20 Investigation/Large Group and Journals

Crystal’s Morning

9:20-10:20 Extended Free play (1 hr. FP & S) Inside

10:20-10:30 Clean-up/ Transition to Patio

10:30-10:45 Patio (small group)

10:45-11:45 Extended Free play (1 hr. FP & S) Outside

Darlene’s Morning

9:20-10:20 Extended Free Play (1 hr. FP & S) Outside

10:20-10:30 Wash hand/ Transition inside

10:30-11:30 Extended Free Play (1 hr. FP & S) Inside

11:30-11:45 Clean-up/ Storytime

11:45 – 12:00 Make Your Bed/ Wash Your Hands/ Eat Your Lunch

12:00 – 12:30 Family Style Lunch

12:30 – 3:00 Nap/Rest Time

3:00 – 3:30 Toileting Needs - Bedding Care- Sunscreen

* FP = Free Play
* S = Substantial

3:30 – 4:00 Family Style Snack/Toothbrushing

4:00 – 5:00 Outside Free Play

5:00 – 5:45 Inside Free Play (.45 FP & S)   
5:45 - 6:00 Story Time